

SEABOARD MEDICAL CONFERENCE

AGENDA 2026

FRIDAY, June 19th

- 7:00 am: Menopause and Hormone Replacement - Dr. Jessica Gorr, DO
- 8:00 am: Tennis and Golfer's Elbow: Epicondyle Tendinopathies - Dr. Ryan Ponton, MD
- 9:00 am: Break
- 9:15 am: From Murmurs to Valve Disease: Advances in Structural Heart Disease - Dr. Deepak Talreja, MD
- 10:15 am: Pharmacologic Management of ADHD: A "Stimulating" Exploration - Dr. Amanda Higginson, MD
- 11:15 am: Break
- 11:30 am: The Impact of Psychosocial Factors on Musculoskeletal Conditions - Dr. Ryan Ponton, MD
- 12:30 pm: Unexpected But Prepared: Emergencies in the Office - Dr. Barry Knapp, MD
- 1:30 pm: Adjourn

SATURDAY, June 20th

- 7:00 am: Total Hip Planning and Templates - Dr. Wilford Gibson, MD
- 8:00 am: Breaking Out: Practical Tips and Tricks in Acne Management - Dr. Amanda Higginson, MD
- 9:00 am: Break
- 9:15 am: Ultrasound in Your Clinical Practice: What You Need to Know - Dr. Barry Knapp, MD
- 10:15 am: Cardiometabolic Clinics 2026 - Dr. Deepak Talreja, MD
- 11:15 am: Break
- 11:30 am: Vascular Emergencies - Dr. Samuel Steerman, MD
- 12:30 pm: Leadership and Quality Improvement - Dr. Jason Higginson, MD
- 1:30 pm: Adjourn
- Business meeting immediately following (All members welcome to attend)

SEABOARD NETWORKING & SOCIAL EVENTS

(Family activities available for family/registered guests accompanying attendees - additional fees may apply)

THURSDAY, June 18th

- Offshore Fishing Tournament Begins - 5:30 am (preregistration required & spaces limited)
- Inshore fishing Tournament Begins - Start times vary
- Registration for Exhibitors & Attendees - 3:00 to 7pm (Hilton Garden Inn - Registration Desk)
- Chesapeake Healthcare Past President's Dinner by Invitation Only - 7:00 pm (Kitty Hawk Pier House)

FRIDAY, June 19th

- CME lectures - 7:00 am to 1:30 pm
- Fishing on the Pier - All weekend (\$5 - includes rod, reel & bait)
- Family Photos on the Beach - 5:00-7:30 pm - No Fee (Photos available for purchase)
www.brookemayo.com
- Lake Taylor Transitional Care Cocktail Party - 6:30 pm to 10 pm - by the Hilton Garden Inn Pool (Luau Theme)
- Children's Activities - Lizard Land & Dinner - 6:30 pm to 10 pm - Hotel Ballroom

SATURDAY, June 20th

- CME lectures - 7:00 am to 1:30 pm
- Fishing on the Pier - All weekend (\$5 includes rod, reel, & bait)
- Sentara Health President's Dinner - 6:30 pm to 10:00 pm (Hilton Garden Inn Ballroom)
- Children's Movie Night & Dinner - 6:30 pm to 10:00 pm (Hilton Garden Inn Boardroom)

Registration

- Preregister for conference and all activities at **www.seaboardmedical.org**

